Falls Church-McLean-Vienna AFG District
presents the

# Healthy Relationships Workshop

"Loving Ourselves and Others"

Saturday, February 10, 2018 9:00 am - 4:30 pm

Registration begins at 8:30 am (Lunch 12:15 to 1:30 pm)

### **The Physicians Conference Center**

INOVA Fairfax Hospital 3300 Gallows Road Annandale, VA 22003

## Join Us For Fellowship All Are Welcome

Healthy Relationships Workshop 25<sup>th</sup> Anniversary



### **Sessions**

- Money & Trust
- ☐ Self-Care & Self-Esteem
- ☐ Unconditional Love (The "Hugging" Workshop)
- ☐ Intimacy & Sexuality
- Boundaries & Communication
  - Infidelity & Forgiveness



English & Spanish Sessions

Bring snacks or finger food to share. Beverages will be provided.

Bring a bag lunch, purchase lunch in the hospital cafeteria, or go to various nearby restaurants.

Donations accepted in keeping with Tradition 7.

Directions: from I-495 take Exit 51, Gallows Road. Follow hospital signs to the **Blue Entrance**.

\$5 parking in the garage across from the Conference Center. Carpooling is encouraged!

#### **Questions? Contact:**

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