

NYC Intergroup presents our monthly Al-Anon Workshop

# Discovering and Recovering Intimacy

Explore relationships and discover choices!

**Saturday, February 26th,**  
**Noon to 4pm** (New York Time)

**ZOOM Meeting ID: 878 0779 1722**

**Passcode: 090670**

Dial by your location:

+1 929 205 6099 US (New York)

NYC Al-Anon Intergroup's monthly afternoon workshop focuses on the healing we experience through recovery and what we can do to bring the message to others who suffer from this family disease. Newcomers are welcome.

## PROGRAM SCHEDULE

12:00 Relationships and Recovery

1:00 Communication

2:00 Faith and Trust

3:00 Getting close without losing ourselves

**All are welcome to share experience, strength and hope!**

**\$5 suggested donation goes to Intergroup & expenses.**



JOIN THE MEETING



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