

# The Harmony of Communication



## DISTRICT 10 AL-ANON POTLUCK WORKSHOP

April 13, 2024

Galilee United Methodist Church 12:00 P.M. 3:30 P.M.

Please bring a dish to share



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Join us for an afternoon discussing how Al-Anon can help you to...

Communicate with  
your Higher Power

Communicate with  
your qualifier

Communicate with  
friends, family, and co-  
workers

Communicate  
with yourself