

Vírgínía Area Al-Anon Alateen Assembly P.O. Box 2583 Mídlothían, Vírgínía 23113-8583

March 26, 2020

All;

Hello and I hope this note finds everyone is doing well. Today I wanted to pass along a couple of thoughts based upon questions that I have been made aware of over the last few days.

DRs, please share this email with your GRs.

- 1. Group Donations:
 - a. Questions have been raised since Groups are now remotely meeting asking for recommendation for Group finances. Always remember each group is autonomous & self-supporting and will follow the decision of the Group Conscience. The general recommendation from many Groups is for members to mail donations to the Group Treasurer per a discussed schedule. The Treasurer will then follow the agreed distribution guidance for the Group to include Rent, Alateen, District, Service Center, Area and World Service Office.

Remember these suggestions below for remote meetings. Keep in mind the anonymity of your members when selecting a service please.

VA Area's WebEx meeting capacity: contact Becky D., <u>bdimon@gmail.com</u>, for info Skype: <u>https://www.skype.com/en/</u> Free conference calls: <u>www.freeconferececall.com</u> For Al-Anon on-line electronic meetings: <u>https://al-anon.org/al-anon-meetings/electronic-meetings/</u>

Thank you each for your support and service. I really appreciate all that you do.

Take care and be safe, - Tom S. Virginia Area Chair, Panel 59