

VA Area District Representative Report

Prepared for: VAWSC

Date of Meeting: 2026.03.07

District Name and Number: Eastern Shore District 07

DR Name and email: Kerry B Kerry.j.binard@gmail.com

Submitted On: 02/10/26

Informational Items:

Meetings in your District: 2 Registered

Face to face: 2

Hybrid: 0

Virtual only:0

In active: 0

Updates since last meeting:

- Events or projects the District has completed since last meeting

N/A

- Events or projects the District is planning

Nothing at this time.

- Successes –

- Our Nassawadox Meeting has been able to set aside a little bit of money for a 'library' for purchase as well as some funds for the District so we can hopefully do some events in the future.

- Challenges

- Outreach is a challenge as with many other groups. Volume in our area very low. Difficult to connect with other wellness groups.
- Getting others to chair at our meeting is difficult. It is me and one other woman who attend and sometimes a 3rd or 4th person, therefore we carry a lot

of the weight of having to show up. If one of us has a health issue it has become a lot for the other.

- Goals
 - At some point a District gathering would be nice.
 - A Meeting in Cape Charles would be beneficial due to density.
- Things that are working well
 - Our site location at the Nassawadox meeting – they continue to be consistent.
 - Communication between the two existing meetings and overlap is nice.
- Things that need attention
- NA