

VA Area District Representative Report

Prepared for: VAWSC

Date of Meeting: March 7th, 2026

District Name and Number: Arlington District 3

DR Name and email: Jill S. arlington@vaalanon.org; jsansing9@gmail.com

Submitted On: 02-17-2026

Informational Items:

Meetings in the District: (total) 9

Face to face:4

Hybrid: 2

Virtual only:3

In active: 0

Updates since last meeting:

- **Successes:**

We have 2 new meetings, including an Alateen meeting!

- **Challenges:**

Still have 1 meeting with no group officers. I attended the meeting for 6-8 months but they aren't interested in Alanon principles in the meeting. Leads are predominantly personal shares, very little CAL, only 1 or 2 have a sponsor and they're fine with that. I have tried to get the members to feel good about service, but they aren't interested. I have let it go.

- **Things that are working well**

New meetings! The new Alanon meeting was started to support the new Alateen meeting because there's a concurrent AA meeting.

All GRs attend district meetings.

All groups are healthy financially and distribute contributions to WSO, Area, district, NVSC and Alateens