

## VA Area Group Records Coordinator's Report

Date of VA WSC: March 7, 2026

Area Coordinator: Group Records

Name and Email: Sophie L. / GroupRecords@vaalanon.org

### Fun Facts

**First Farsi Speaking Group:** Farsi Speaking AFG in Fairfax District 8, registered on January 8, 2026

**Oldest Al-Anon English Speaking Group:** Central AFG in Raonoke/Alleghany District 21, registered on March 1, 1952

**Oldest Al-Anon Spanish Speaking Group:** Valor Para Cambiar AFG in the Spanish Overlay District 11, registered on December 20, 1994

**Oldest Alateen Group:** All Day I Dream About Serenity Alateen, registered in Rappahanock District 19, registered on November 21, 1999

### Statistics as of February 8, 2026

Total number of Al-Anon and Alateen registered groups in VA: 269

|                  | English<br>Al-Anon | Farsi<br>Al-Anon | Spanish<br>Al-Anon | Alateen | Total |
|------------------|--------------------|------------------|--------------------|---------|-------|
| Number of Groups | 249                | 1                | 7                  | 12      | 269   |

Total number of Al-Anon and Alateen \*meetings in VA: 288

|                       | English<br>Al-Anon | Farsi<br>Al-Anon | Spanish<br>Al-Anon | Alateen   | Total<br>Meetings |
|-----------------------|--------------------|------------------|--------------------|-----------|-------------------|
| Face to Face          | 145                | 0                | 5                  | 11        | 161               |
| Virtual Only          | 59                 | 2                | 1                  | 0         | 62                |
| Hybrid                | 63                 | 0                | 1                  | 1         | 65                |
| <b>Total Meetings</b> | <b>267</b>         | <b>2</b>         | <b>7</b>           | <b>12</b> | <b>288</b>        |

\*Groups can have more than one meeting.

### Number of New Groups

Five new groups opened: 1 in Albermale District 1, 2 in Arlington District 3, 1 in Fairfax District 8, 1 in Spanish Overlay District 11.

|                       | English Al-Anon | Spanish Al-Anon | Farsi Al-Anon | Alateen  | Total    |
|-----------------------|-----------------|-----------------|---------------|----------|----------|
| Virtual Meetings      | 0               | 0               | 2             | 0        | 2        |
| Face to Face          | 2               | 1               | 0             | 1        | 4        |
| Hybrid                | 0               | 0               | 0             | 0        | 0        |
| <b>Total Meetings</b> | <b>2</b>        | <b>1</b>        | <b>2</b>      | <b>1</b> | <b>6</b> |

### Number of Closed Groups & Meetings

Since last assembly:

- 5 Al-Anon groups closed: 2 in Blueridge District 4, 2 in James River District 29, 1 in the Spanish Overlay District 11
- 2 Alateen groups closed in Blueridge District 4

### Group Changes

Any group change should be emailed to your District Representative or District Group Records Coordinator, who will forward the updates to the Area Group Records Coordinator. New Current Mailing Address and/or Group Representative should include the following information:

- Full name
- Complete mailing address
- Email address
- Phone number

The Area Group Records Coordinator (AGRC) will update the VA Area group records, the World Service Office (WSO) group records, and the VA Area's website if applicable.

The AGRC does not maintain nor update any Al-Anon Information Service (AIS) group records and websites. Group changes should be emailed to the service centers directly.

Northern Virginia Service Center (NVSC): [info@alanonva.com](mailto:info@alanonva.com)

Tide Water Service Center: [office@tidewaterasc.org](mailto:office@tidewaterasc.org)

**New Group Registration**

Anyone can start a new group. To start a new group, follow the WSO's guideline, [Starting an Al-Anon Group\(-12\)](#), complete the [New Al-Anon Group Registration form](#) and send it to your DR. The DR will then send me the information. Additional information can be found by reading the [WSO's FAQ](#). Alternatively, you can contact your DR directly who will put you in contact with the Area's Group Records Coordinator.