

Virginia Area District Representative Report

Prepared for: 2026 Fall VAWSC

Date of Meeting: August 8, 2026

District Name and Number: Southside District 23

DR: Cindy Lamm

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Southside District 23 currently has:

- 5 total meetings
- The district meets in person every other month for one hour and 45 minutes

Events or Projects the District has completed since last meeting:

- Our Southside District Archives have continued to enrich our recovery. A collection of skit ideas from our archives was shared at our most recent district meeting for members to consider for future events.
- Several of our members toured WSO and attended Al-Anon's 75th Anniversary Gala. They shared their experiences and photos with members at our district meeting.

Events or Projects the District is planning:

- Our district is planning a Recovery Picnic with Al-Anon and AA speakers on September 19th in cooperation with New Hope AA Group to be held in the beautiful outdoor pavilion of our district meeting place. Great food, recovery skits with our special comedy touch, and lots of serenity, peace, & love!!!!

Successes:

- Several of our groups are growing in membership.
- There is a great spirit with a growing cultivation of leadership in our newest group, Hope Seekers.
- Great comraderie and respect among members reported in Tuesday Night group.

Challenges:

- Keeping communication flowing in the links of service to our morning group is challenging.
- Our DR has an hour and a half commute to district meetings. Online district meetings may be considered in the future.

Goals:

- Publicize, complete sign-up for food, and select AA speaker for our upcoming Recovery Picnic.
- DR will continue to visit all of our group meetings in the district.

Things that are working well:

- Member reports indicate our meetings have great spirit, comraderie, and respect.

Things that need attention:

- Our district continues to need 3 GR's.