

VA Area District Representative Report

Prepared for: VAWSC
Date of Meeting: 8 August 2026
District Name and Number: 19 Rappahannock
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Submitted On: 08/08/2026

Informational Items:

Meetings in your District: 12 AL-ANON, 1 ALATEEN

Face to face: 4 AL-ANON

Hybrid: 8 AL-ANON

Virtual only: none

Inactive: 1 ALATEEN (Face to Face when resumed)

Updates since last meeting:

- **Events or projects the District has completed since last meeting**
 - [Annual] Spring Pot Luck (April 18, 2026)
 - Basket Raffle fundraiser, baskets provided by AFGs and individuals; sometimes a 50/50 raffle (proceeds go to ALATEEN)
 - Fellowship and AL-ANON and AA Speakers
 - Very successful event
- **Events or projects the District is planning**
 - Summer Social / Game Day
 - Saturday, 15 August
 - Bingo (white elephant prizes); AL-ANON Trivia
 - [Annual] Women's Day of Recovery (4th year)
 - Saturday, 26 September; Ladysmith

- “My Recovery is Bone Deep”
 - Planning a District Inventory for mid-late Summer
- **Successes – none too small or too large to share!**
 - 2 AMIAS sponsors approved
 - Successful Sprint Pot-Luck
 - Tuesday night step study meeting has been revitalized with a location and time change
 - District meetings held monthly
 - Kicked off a district-level budget committee
- **Challenges**
 - Even with 3 approved AMIAS – we have been unable to restart our ALATEEN meeting
 - 1 AFG Closed in July (Ladysmith), so we no longer have a meeting in Caroline County
 - No meetings in King George County
 - 1 Meeting without a GR for close to 6 months
 - District meeting attendance has been lower than usual the last few months
 - People want activities, workshops, but few willing to step up to lead a committee for such an event
 - A few of our meetings have little attendance and therefore little budget to send GRs to 1 Assembly, much less 2 during the year.
- **Goals**
 - Re-establish regular Links-of-Service ‘donations’ from our District;
 - March District meeting will focus on budget and setting amounts for these line items
 - Re-establish our ALATEEN meeting, hopefully growing a strong ALATEEN presence
 - Establish a meetings in King George and/or Caroline Counties
 - Help meetings with low attendance to reestablish more consistent, higher levels of attendance
- **Things that are working well**
 - Purchasing literature via the NVSC
- **Things that need attention**
 - Refer to challenges and goals sections above.