

VA Area District Representative Report

Prepared for: VAWSC

Date of Meeting: 2026.08.08

District Name and Number: Eastern Shore District 07

DR Name and email: Kerry B Kerry.j.binard@gmail.com

Submitted On: 7/13/26

Informational Items:

Meetings in your District: 2 Registered

Face to face: 2

Hybrid: 0

Virtual only:0

In active: 0

Updates since last meeting:

- Events or projects the District has completed since last meeting

N/A

- Events or projects the District is planning

Nothing at this time.

- Successes –

- Our Nassawadox Meeting hosted the members of the Chincoteague meeting and fellowship afterwards and it was the first time they had been down. 5 members came and joined our 4 that were able to attend that day. They enjoyed it so much that they have decided to have a 'field trip' down every Quarter.

- Challenges

- Outreach is a challenge as with many other groups. Volume in our area very low. Difficult to connect with other wellness groups.

- Getting others to chair at our meeting is difficult. It is me and one other woman who attend and sometimes a 3rd or 4th person, therefore we carry a lot of the weight of having to show up. If one of us has a health issue it has become a lot for the other.
- Goals
 - At some point having enough funds to attend online or in person to a District event would be beneficial as we have not received any funding thus far to do so.
 - A Meeting in Cape Charles would be beneficial due to density.
- Things that are working well
 - Our site location at the Nassawadox meeting – they continue to be consistent. We have grown to about a height at times of 6 people at the room max's at 8pm. Another location in the future may need to be secured.
 - Communication between the two existing meetings as well as Chincoteague is nice.
- Things that need attention: It would be helpful to have a small contribution or help for DRs to attend Assembly without paying themselves. Our two meetings in the whole district currently only have about \$75 set aside for District related things and are still saving. It is not enough to send someone physically, but even the virtual cannot be attended unless paid for by the DR. It excludes us from some of the paths of service.
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