

Virginia Area District Representative Report

Prepared for: 2026 Spring Assembly

Date of Meeting: May 16-17, 2026

District Name and Number: Southside District 23

DR: Cindy Lamm

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Southside District 23 currently has:

- 5 total meetings
- The district meets in person every other month for one hour and 45 minutes

Events or Projects the District has completed since last meeting:

- Our Southside District Archives have continued to enrich our recovery. An article from the January 1967 AA Grapevine: "In AA's First Five Years" written by Al-Anon founder, Lois Wilson, was shared at our district meeting and members were given copies and encouraged to share the article with their groups.
- All Southside groups have met budget projections for the year with extra funds received from our last district event and from some groups.
- This year marks the 62nd anniversary of Southside District. The District was formed in 1964. In celebration of our history, district members shared facts about what life was like when our district was founded, listened to music from 1964, shared photos of themselves in 1964 (some of our members were still in the planning stages), and enjoyed a special anniversary cake and coffee to commemorate our shared legacy.

Events or Projects the District is planning:

- Our district is planning a Recovery Picnic with Al-Anon and AA speakers on September 19th in cooperation with New Hope AA Group to be held in the beautiful outdoor pavilion of our district meeting place. Great food, recovery skits with our special comedy touch, and lots of serenity, peace, & love!!!!

Successes:

- Several of our groups continue to have phone-in options for participation.
- A new GR stepped up in service to our Tuesday Night AFG.
- There are more men attending groups and stepping up in service at the district and group level.

Challenges:

- Geographic distance, small number of groups, need for more members to get excited to participate and step up in service

Goals:

- Finalize plans for our upcoming Recovery Picnic.
- DR will continue to visit all of our group meetings in the district.

Things that are working well:

- Our meetings are healthy, fresh, interesting, well planned, and helpful.

Things that need attention:

- Our district only has 2 GR's for 5 groups.