

VA Area District Representative Report

Prepared for: VAWSC Spring Assembly

Date of Meeting: May 16th & 17th

District Name and Number: Seven Hills #22

DR Name and email: Denise B / dbryson03@live.com

Submitted on: May 1, 2026

Informational items:

Meetings in your District: (total) 8

Face to Face: 5

Hybrid: 1

Virtual Only: 1

Inactive: 1

Updates since September 2025:

Events or projects the District has completed

- Due to health concerns of our DR (me) we were fairly inactive on the District level from Oct. until we had a face to face District meeting in March. All but 2 GRs attended (one was out of town; the other is from the inactive AFG)

Events or projects the District is planning

- 1 opportunity for Public Outreach has come our way that we're participating in:
 - An AA conference May 16th has asked us to man a table of Alanon literature and a member or two to engage with mental health professionals. Our Altavista AFG treasurer has agreed to do this.
- Each AFG is responsible for inviting the other groups to a "dutch treat" social this summer. Ice Cream; Putt-Putt; Hike ... just to name some examples.

Successes – none too small or too large to share

- 4 GRs will attend the Spring Assembly in person; 1 will attend virtually.
- Of our 8 meetings we have a GR for ALL.

Challenges

- Getting participation for District events/meetings. Filling service positions.
- We're facing challenges for getting an Alateen meeting going.

Goals

- To have all 8 of our AFG more active in the district events and planning.
- To have an inventory done in each AFG and on the District.

Things that are working well

- Most GRs are responsive to emails or texts for quick turnaround discussions.

Things that need attention

- All of our AFG need to hold regular business meetings and encourage donations to the District, Area, WSO on a consistent basis.