

VA Area District Representative Report

Prepared for: Spring Assembly
Date of Meeting: May 16-17, 2026
District Name and Number: Overlay District 11
DR Name and email: Carito S. // SpanishOverlay@vaalanon.org

Informational Items:

Meetings in your District: (total) 7 meetings
Face to face: 5
Hybrid: 1
Virtual only (phone): 1

Updates Since Last Meeting

Events or Projects the District Has Completed Since the Last Meeting

- We have a new panel of trusted servants, including a Treasurer and Secretary. Additionally, we now have a bilingual volunteer supporting literature sales at the NVSC.
- We worked on developing guidelines and job descriptions for District service positions.
- We visited groups and shared information about the AI-Anon Structure using visual aids, creating spaces for dialogue and addressing members' questions.
- We conducted a District Inventory, which helped identify opportunities to strengthen communication and unity among the groups.
- We held a feedback meeting to discuss the inventory findings. Our conclusions were:
 1. Seeking constructive solutions through unity.
 2. Addressing the current needs of the groups in a practical manner.
 3. Returning to basics and emphasizing recovery and well-being.

Events or Projects the District Is Planning

- Bringing members of the Area, NVSC, OSM, and other District Representatives closer to the groups so groups can taste AI-anon structure.
- Promoting visits by Alateens to AI-Anon and AA groups to raise awareness about the Alateen program.
- An online workshop on the First Three Steps.

- An online Canva workshop to help groups design flyers for anniversaries, public outreach, and other activities.
- Fellowship and integration activities with neighboring Al-Anon groups through line dancing.
- A “Week of Unity” celebration for our District Anniversary.

Successes – None Too Small or Too Large to Share!

- Our Serenidad Group has successfully raised funds to help support future District scholarships for members attending the Assembly.

Challenges

- The District panel and some GRs are learning how to respond with love, dialogue, and unity when dealing with dominant members who attempt to control certain groups.

Things That Are Working Well

- A couple of groups are consistently responsible for retrieving and returning calls from the NVSC voicemail line.

Goals

- To create clear guidelines for projects organized by the District.

Things That Need Attention

- Continuing to seek constructive and creative solutions through unity when attempts at double-headed management arise.