

Date of Meeting: Fall Assembly - October 17-18, 2026
District Name and Number: Southwest District 24
DR Name and email: BECKY BRANHAM DIMON, bdimon@gmail.com

Informational Items:

Meetings in your District: 2 active Groups Hybrid: 1 meeting

A New Hope Abingdon AFG: **No Changes**
Duffield Unofficial AI-Anon Group: **No Changes**

We Care Bristol AFG, WSO #12756 (registered ~1974):

Question about AMIAS-E:

- Has Area 57 adopted the Alateen Electronic Meetings which can begin as early as September 2026 and is [Area 57] training for AMIAS-E beginning yet, if it **has** been adopted?

OR

- Do you have a Task Force looking into the feasibility of the Electronic Alateen meetings and whether VA wants to participate or not?

Thank you for your service,
Lorraine S.
We Care AFG Bristol VA/TN GR

Updates since the last meeting: See APPENDIX A below.

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Challenges:

- Steady Attendance
- Vacant Service Roles

Goals:

I plan to attend each Group meeting at least once during this Panel.
I plan to attend the once-a-month joint breakfast and the AI-Anon meeting in Duffield, Virginia, at least once during this Panel.

APPENDIX A - GROUP DECISION TO STAY IN VIRGINIA AREA 57

We Care Bristol AFG, WSO #12756

Since our last communication, Lorraine S., GR for We Care Bristol, has:

1. Attended in person the We Care AFG Business Meeting held August 17, 2026.
 - a. GR discussed the VA to TN Area Change based on the information provided by [Becky B.D., DR for Southwest District 024] and Amanda R., VA Area Chair.
 - Took a vote of the We Care AFG members present after discussion
 - It was determined that two members who weren't present at the meeting should be contacted to get their feedback and once they were informed and voiced their opinions that would determine our decision as a group as to stay in VA or continue pursuing TN.
 - GR contacted the two members, provided them with the information, and received their feedback.
 - Based on the fact that We Care AFG moving to TN Area **would** adversely affect the Southwest District 24 **and** VA Area 57 as a whole, the Group voted to **stay in the VA area** in accordance with Tradition 4.
 - b. Received report from the Treasurer
 - c. Received report from the Literature Chair
 - d. Outreach Chair was not in attendance - no report
 - e. Closed the meeting.
2. Attended by Zoom the TN Area 52 - Appalachian Highlands District 1 Meeting held August 23, 2026.
 - a. During Group Reports, GR explained the VA Area Board's decision not to release We Care AFG Bristol from Area 57 and Southwest District 24.
 - b. I also mentioned the Area 57 request for District 1's Meeting Minutes voting to accept We Care AFG Bristol into TN Area 52 District 1. It was determined that a formal vote was never taken, (in the past two years since the request had been made), and therefore, there are no minutes reflecting a decision.
 - c. In light of this information, a motion was set forth that the Appalachian Highland District 1 vote at this meeting that if now or in the future the We Care AFG Bristol VA wants to formally join the District 1 and have their GR be a voting

member of the District, it was seconded and passed.

- d. GR thanked the District voting members for voting and making that a part of their minutes for the possibility of We Care AFG Bristol making a move in the future. However, at this time We Care AFG Bristol VA had voted to stay in Area 57 District 24 so as not to affect Area 57 and District 24 adversely and that I as an Al-Anon member will continue to attend District 1 District meetings to have a voice, though not a vote, and to continue to bring District 1 meetings, gatherings: such as picnics and speaker meetings, and information to our group to fellowship with and receive experience, strength, and hope from the District 1 members and that I, as the GR for We Care AFG Bristol VA, would now engage the District 24 District Rep and purpose to engage in District 24 meetings and information as well as Area 57 information and meetings.
3. On Saturday, August 26, 2026, I contacted Becky B.D., DR District 24, by phone to discuss the possibility of virtual District Business Meetings. She provided the email addresses for the Abingdon, Duffield, and Damascus contacts so I could email them to gauge their interest in District meetings and, if so, how often and what to discuss.
4. GR then emailed those individuals (including Becky, DR) to see if they would be interested in a September 13, 4:30 -5:30 PM virtual meeting to determine if we want to meet on an ongoing basis.
5. I have received a response from the Abingdon group that they would bring it up in their meeting and see what the group conscience is. I have yet to hear back from the other contacts.
6. I am sending this email to Amanda R., VA Chair; copying Becky B. D., District 24 DR VA; Lea Ann B., District 1 DR TN; and Irene F., Area 52 Delegate, to inform each Area and District that We Care AFG Bristol VA/TN will remain in District 24 of Area 57.

Thank you all for your service and diligence in this endeavor.

In Service,
Lorraine S., Group Representative (GR)
We Care AFG Bristol VA/TN

APPENDIX B - HISTORICAL RECORD FOR GROUP

We Care Bristol AFG, WSO #12756

POSSIBLE GROUP MOVE TO TENNESSEE AREA 52

From Jean L.:

On May 12 there were nine members present. May 19 was the business meeting and we had already discussed at our regular meetings to make sure we had everybody's approval when the vote came on May 19 for the membership to be moved to Tennessee. Then on 5-26 there were eight present. We will have to look back at the attendance record to see how many were present on 5-19. I think all of those stayed for the business meeting.

We had are We Care business meeting on May 19, 2025. We then made announcements at the next five meetings on Saturdays and Mondays.

On June 9, 2025, we voted unanimously to be under the AFG Tennessee Area 52, Appalachian Highlands District 1 and move out of Virginia.

On June 22, 2025, I reported to the Appalachian Highlands District Meeting our decision to be under the AP District 1.

On July 7, 2025, I contacted Gay Stiltz, Tennessee Area - 52 records coordinator to inform her.

On July 8, 2025, Gay emailed me that it must be voted on at the next VA Assembly meeting.

Update on February 10, 2026, From Jean L.:

TN Area District 1 for our group, still using the We Care name.

Group Representative: Lorraine S.

A few members have attended events in Knoxville and Johnson City

Upcoming Appalachian Regional Roundup in Kingsport - AA / AI-Anon event

5-8 attendees on Monday

FORMER REPORT FROM VAWSC 2026.08.08:

~~Lorraine Shropshire, GR~~

~~Jul 28, 2026, 11:57 PM~~

~~Hi Becky,~~

~~Here are the updates for our Group to present to the VAWSC:~~

~~1. Meeting Status~~

- ~~• Face-to-Face: Yes (3 to 10 regular attendees)~~

- ~~Hybrid: No~~
- ~~Virtual only: No~~
- ~~Schedule Changes: None. We continue to meet in person on Monday nights from 7:00–8:00 PM ET.~~

~~2. Events~~

- ~~Hosted events this year: No~~
- ~~Planned future events: No~~
- ~~Joint events: Yes. Some members attended the Appalachian Highlands Roundup in Kingsport, TN in May 2026.~~

~~3. Updates since Spring Assembly~~

- ~~Successes: Consistent member attendance at our Monday night meetings.~~
- ~~Challenges: We are still trying to determine if we are part of Area 52 Tennessee and if Area 57 Virginia has released us. I have been attending the Area 52–Tennessee District 1 Appalachian Highlands Meetings in Johnson City, TN on the fourth Sunday from 1:30–2:30 PM.~~
- ~~Goals: Outreach. We have printed cards to distribute to individuals, professionals, and recovery centers to increase exposure and attract newcomers.~~
- ~~Things working well: Members regularly volunteer to chair meetings using a sign-up calendar. We have also started a group text for me, as the GR, to share event flyers, service manual guidelines, and information from The LOOP.~~
- ~~Things that need attention: Who do I need to contact to find out the next steps for officially transitioning from Area 57 to Area 52?~~

~~4. Please summarize the following needs for your Group:~~

~~The District will provide your Group with 2 hard copies of the new 2026–2029 Al-Anon/Alateen Service Manual and up to 10 copies of the new 2026–2029 Groups at Work. Please let me know how many your Group will need!~~

~~These books are also available as FREE downloads:~~

~~<https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/>~~

~~<https://al-anon.org/for-members/members-resources/manuals-and-guidelines/groups-at-work/>~~

~~Other free downloads:~~

~~<https://al-anon.org/pdf/M10.pdf> – Just For Today – free download~~

~~<https://al-anon.org/pdf/S19.pdf> – Detachment – free download~~

~~Does your Group need other Literature that the District can provide for you?~~

~~Thank you for your service!~~

