

VA Area District Representative Report

Prepared for: Virginia Fall 2026 Assembly

Date of Meeting: October 16-18, 2026

District Name and Number: Central Valley District #6

DR Name and email: Kim F. text.tailor@gmail.com

Submitted On: September 17, 2026

Informational Items

Meetings in District #6	12
Face to face	7
Hybrid	2
Virtual only	1
Inactive	2

Updates since last meeting:

- Events or projects the District has completed since last meeting
 - Voted in a new DR for the next 3-year term
 - Voted in a new alternate DR for the next 3-year term
 - Researched putting together an Outreach Workshop
 - **Moment of Remembrance Proposal**
 - At our June district meeting, a GR brought a proposal for a "Moment of Remembrance" to be added near the beginning of the General Session at each Fall and Spring Assembly—a brief reading and moment of silence honoring Al-Anon members who have lost loved ones to the disease of alcoholism. A motion to bring this proposal to VAWSC passed among GRs in attendance. I reached out to Area Chair Amanda R. on July 16 ahead of the August 8 meeting

to share the proposal and ask how it typically gets added to the agenda.

- 8/24/26 update: Amanda has placed it on the agenda for the Area's next Officers Meeting, with the goal of it becoming part of the Spring Assembly agenda—and it may just need a VAWSC vote at that point, though she's not 100% certain of the process yet. She's asked for patience but was clear it hasn't been forgotten or set aside.
- Events or projects the District is planning
 - Organized a Budget Committee to update the budget plan for the August 2026 picnic, donations and other spending. Will present a proposal at the next quarterly meeting.
 - Letting the groups in our district know that both the District Treasurer and District Secretary service positions will open up in October.
 - Planning an Outreach Workshop
- Successes – none too small or too large to share!
 - **Had our 2nd Annual District Picnic on August 22nd**
 - Elected a new DR and an alternate DR!
 - One group is considering doing a group inventory.
 - Several groups have all of their service positions filled.
 - One group has a Fellowship Lunch once a month after the meeting.
 - **One group recently celebrated their 70th Anniversary!**
 - One group works on each step or tradition as long as the group wants to, then does a small group conscience to determine when to move on, allowing for greater depth into each one.
- Challenges
 - **After a period of time without a DR, we've now only had one for the past 3 years, so we're still trying to connect and coordinate as a district.**
 - We have 2 inactive groups.
 - We have 2 other groups that don't have a GR.
 - We have low attendance of GRs at the district meeting.
- Goals
 - Increased participation in groups and in the district.
- Things that are working well
 - Those who attend the District Meeting are dedicated and supportive.
- Things that need attention
 - I was just elected as DR a month ago, and this was my very first District Meeting, so I'm sure I will learn more as time goes on.