

Virginia Area District Representative Report  
Prepared for: 2025 August VAWSC  
Date of Meeting: August 2, 2025  
District Name and Number: Southside District 23  
DR: Cindy Lamm  
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Southside District 23 currently has:

- 5 total meetings
- The district meets in person every other month for 1 hour and 45 minutes

Events or Projects the District has completed since last meeting;

- Our district celebrated our 61<sup>st</sup> Birthday at our district meeting on March 15<sup>th</sup> by baking a coconut cake with vanilla icing!

Events or Projects the District is planning:

- Our district is planning a Recovery Picnic with Al-Anon and AA speakers on September 13<sup>th</sup> in cooperation with New Hope AA Group to be held in the beautiful outdoor campus of our district meeting place. Great food, recovery skits with our special comedy touch, and lots of serenity, peace, & love!!!!

Successes:

- A district inventory has been completed and results reviewed by members to help us improve our service to the district. Responses indicated district meetings are healthy, fresh, interesting, well planned, and helpful. Members feel comfortable sharing. Information is getting back to the groups. Suggestions included: GR's ask their group for a volunteer back-up who could attend District Meetings when the GR is unable to attend. Allow more time for GR's to share. Strengths included regular meetings, good communication. Weaknesses included geographic distance, small number of groups, need for more members to get excited to participate and step up in service

Challenges:

- Geographic distance, small number of groups, need for more members to get excited to participate and step up in service

Goals:

- Finalize plans for our upcoming Recovery Picnic.
- DR will visit all of our group meetings in the district.

Things that are working well:

- Our meetings are healthy, fresh, interesting, well planned, and helpful.

Things that need attention:

- 2 groups have CMA's' but need GR's to step up in service.