

VA Area District Representative Report

Prepared for: 2025 Fall VAWSC

Date of Meeting: August 2, 2025

District Name and Number: Nansemond (District 12)

DR Name: Meg Page (megkpage@gmail.com)

Submitted on: July 13, 2025

District Meeting: 3rd Monday of each month (except May and September)

Group Meetings:

Active Meetings: 8 Al-Anon and 1 Alateen

Face to face: 9

Hybrid: 0

Virtual only: 0

Inactive: 1

Successes:

- Fellowship – Held our semi-annual in-person dinner meeting in June. It's always good to get together in person!
- Outreach – Three members participated in the Smithfield Rotary's 2nd Annual Mental Health Expo on April 30th. They introduced several folks to Al-Anon and Alateen, distributed literature, and did some great networking with other presenters to help spread the word.
- Gratitude – Special thanks to the ASCT for providing the literature and merchandise to hand out at the Smithfield Expo. Their support is greatly appreciated!
- Accessibility – Confirmed that all the group meetings in our district are universally accessible. Submitted this update to the Area Group Records Coordinator so both the Area and WSO websites could be updated.
- Alateens – hosted an "End of the School Year" party in May. Ten teens participated, including two newcomers. The teens brought the food, one of the sponsors brought the games, and everyone had a good time.
- MEAC – Two of our Alateens attended MEAC.

Challenges:

- One group in the district still has no GR.
- We are focusing on starting a much-needed Al-Anon group in Smithfield and will be looking into a Portsmouth meeting next.