

## VA Area District Representative Report

**Prepared for:** Fall Assembly  
**Date of Meeting:** Sept 26-28, 2025  
**District Name and Number:** Overlay District 11  
**DR Name and email:** Carito S. // // // SpanishOverlay@vaalanon.org

### Informational Items:

Meetings in your District: (total) 7 meetings  
Face to face: 5  
Hybrid: 1  
Virtual only (phone): 1

### Updates since last meeting

Events or projects the District has completed since last meeting:

- Celebration of our First Anniversary-Picnic-Outreach Professionals with 3 speakers: 2 mental health professionals and a priest.
- Successful completion of the “Evento DC Area Metropolitana” in July 2025, organized by all VA & MD groups and the organizing committee.
- Participation in a cross-district outreach event, Culmore Community Day on September 13 in Falls Church.
- Provided one full scholarship to a small group to attend the Autumn 2025 Assembly.
- Printed and began distributing **5,000 meeting list booklets** to support the groups' public outreach efforts.

### Events or projects the District is planning

The District has launched an initiative inviting groups to form task forces for five proposed projects:

1. **Adopt a Doc:** This project focuses on engaging with professionals through in-person visits and online outreach meetings.
2. **Answer NVSC Phone Messages:** This task force will be responsible for retrieving and returning calls from the NVSC voicemail line (Thank you NVSC!!!!).

3. **Alateen Help:** The goal of this project is to help improve attendance at Alateen meetings, and promote cross-district Alateen/sponsor “meet each-other” events.
4. **Integration with American Groups:** This project aims to foster better integration and collaboration with American groups.
5. **Organize Funding Activities:** This task force will plan and execute fundraising events to help the District cover expenses such as pamphlets for professionals, booklets, scholarships for the Assembly, and contributions to other branches of service.

#### **Successes – none too small or too large to share!**

- Two groups have agreed to join the task force initiative and three out of five proposed projects have been fulfilled.

#### **Challenges**

- The District aims to rotate service roles, but there are currently no volunteers. Forming a task force for various projects could alleviate the effects of this volunteer deficit and, over time, motivate members to volunteer at the District level.
- Contributions from the groups to the District are limited. Establishing a task force for founding activities would significantly improve this situation.
- Still have 1 meeting that has no GR, with no one stepping up to fill the position.

#### **Things that are working well**

- Each group has enthusiastically organized a bi-monthly rotating workshop. For the 2025 round, groups have selected Traditions or Concepts, using skits to enhance understanding.

#### **Goals**

- The District aims for each task force team to operate autonomously, with the ability to rotate every 6 or 12 months and mentor subsequent teams.
- Continue visiting the groups and share a topic they are interested in.

#### **Things that need attention**

- Conduct a District inventory to strengthen structure.