

VA Area Assembly District Report

Prepared for: Fall VA Area Assembly

Date of Meeting: Sept 26-28, 2025

District Name and Number: Loudoun 10 Loudoun/Herndon/Reston

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Submitted On: September 1, 2025

Meetings: 17

- Face to face: 5
- Hybrid: 6
- Virtual only: 4
- Inactive: 1 (WSO number for member who planned to start a meeting but didn't)

1. Activity since last assembly

- a. We had one in-person meeting close (Arcola) and one that was started (Bluemont).
- b. The Outreach coordinator is continuing to work with nearby districts on Outreach events and is working currently on a community event to be held Sept. 13.

2. Plans/Future Events

- a. We are planning a fall workshop for October – Gratitude: It Cures What Ails You. We plan to have 4 speakers who will talk about how gratitude can be the solution when feeling overwhelmed or members experience feeling of hopelessness. Speakers will be followed by breakout sessions where participants can share.

3. Successes

- a. We have one member who newly stepped up to be an AMIAS for the Friday Alateen group. Paperwork is in progress.
- b. One of our two Alateen meetings has continued to get consistent participation.
- c. We have a GR for the new Bluemont group.
- d. The Outreach Coordinator will be providing pamphlets for families at Adult Detention Centers in our area.

Challenges

- a. We have two groups without a GR and would like all groups represented at district meetings.
- b. We have begun discussing the use of the area Zoom account for online groups since some use it and some pay for their own. We agreed to look for online platforms that groups could subscribe to as a group in order to be self-supporting but that would also be feasible financially for some of the smaller groups.

4. Goals

- a. We agreed to focus on alcoholism as a family disease this year (2025) and will include this theme in our workshops. We will also use it as a focus for public outreach and work on finding different outreach efforts to different types of family members including teens.
- b. Hold workshops in different parts of the county so all groups feel supported.