

VA Area District Representative Report

This template can be used as a guide for your **VAWSC** and **Assembly Meeting Reports**; it does not need to be strictly adhered to. Please adapt to suit the needs of the person giving the report. We recommend you use first name last initial only on your report.

Prepared for: Fall Assembly 2025

Date of Meeting: Sept 26-28, 2025

District Name and Number: Blue Ridge District 4

DR Name and email: Michelle R, Catwoman9464@yahoo.com

Submitted On: Sept 4, 2025

Informational Items:

Meetings in your District: (total)—15 (our Alateen group is currently paused and we lost a meeting due to issues so those are not included in total, which is why total is lower than previous report)

Face to face: 7

Hybrid: 4

Virtual only: 4

In active: (one—Alateen)

Updates since last meeting:

- Events or projects the district has completed since last meeting—I created and presented a poll to learn more about why few are attending district meetings, how many of our groups do not have a GR/AGR and to get ideas for improving attendance at district meetings. I then presented the findings to the groups. We have started implementing District officer meetings on the months we don't have district meetings and are working

to create a district policy manual and job descriptions of the district officers.

- Events or projects the district is planning—We are planning multiple activities for 2026 (Al-Anon's 75th birthday year) including public outreach and workshops. Currently, a gratitude lunch is planned for October, and a Christmas/holiday party is in process of planning as well.
- Successes – none too small or too large to share! I've been able to attend all of the hybrid and zoom meetings in my district at least once, and Lisa, ADR) is working on attending the in person meetings. We have written our first new policy for our district manual.
- Challenges—60% of our groups do not have GR's and 90% of our groups do not have AGRs. Only 3-5 meetings are represented (1/3) at each district meeting
- Goals—improve attendance at district meetings, groups elect GR's, events for 2026, create a policies manual for the district/job descriptions/archives for our district
- Things that are working well—dedicated officers with lots of knowledge about program and in general
- Things that need attention—clarifying job descriptions