



VA Area District Representative Report

District Name and Number: Blue Ridge - 4

DR Name and email: Lisa Reedy – lisardr4@yahoo.com

Informational Items: We have filled all service positions.

Updates since last meeting

Events or projects the District has completed since last meeting –

- We have District Meetings on odd months and Outreach Meetings on even months that are well-attended.
- Our Outreach has divided into two committees, Member Inreach and Public Outreach, which change subcommittee leaders in four month intervals.
- Public Outreach has developed and delivered flyers to churches and other religious entities, police stations, fire stations, first responders. We have also attended Health Fairs to hand out information. The next four months we will focus on attending two more Health Fairs and sending flyers to mental health professionals.
- The Inreach Subcommittee presented a Fall workshop entitled Recovery: Love without Enabling. It was a hybrid event that was very well attended, having probably 25 attendees. The next four months, we will focus tote bags for new GRs, and having a fundraiser to sell them for \$5 each. We will also participate in District Road Trips, visiting groups within the District.

Successes:

- We have a very good Outreach team that works hard to get members involved and educated.
- Enthusiastic members have filled service positions within the District.

- District Meetings have good discussions with very good communication. Everyone feels comfortable exchanging ideas.
 - We now having 13 active meetings throughout the district. We are working on starting a new group in Woodstock and Mt. Jackso
- Challenges:

Challenges

- Not all of our groups have a GR.
- Not all groups participate in District Meetings
- DR visiting all groups in district

Goals: Attempting to have GRs for each meeting. Coordinate efforts, such as outreach, with close Districts.