



Assembly Protocol



Roles Needed:

Group One

- A *facilitator* to guide through this exercise.
- A *recorder* to document the group's brainstorming ideas and report back to the Assembly.

Spiritual principles can be defined as values, beliefs, attitudes, philosophies, ways of doing, thinking, and behaving.

The principles of the Al-Anon program are found in the three Legacies: Twelve Steps, Twelve Traditions and Twelve Concepts of Service.

The following is a partial list of *spiritual principles* to help with this exercise. Your group may think of others that can be used. Inventory is a spiritual process in which positive comments and constructive criticism is encouraged always remembering to place principles above personalities.

Primary Purpose
Trust

Clarity
Mutual Respect

Consideration
Common Goal

Joy
Humility

Assembly Protocol: “Members need access to all the information about the issue, they need clarity in what their discussions hope to accomplish; and they trust each other’s motives and capabilities.” *2022-2025 Al-Anon/Alateen Service Manual (P-24/27), p.71.*

Discussion Questions: The following questions have been designed to help *start* the discussion. Feel free to explore your topic as needed.

1. How does Informed Decision Making Process (IDMP) affect our Assembly process?

2. How can we best exhibit respect for others' time and opinions? _____

3. What can I do to bring the joy of service to the Assembly and to service? _____



(Virtual) Audio/Visual



Roles Needed:

Group Two

- A *facilitator* to guide through this exercise.
- A *recorder* to document the group's brainstorming ideas and report back to the Assembly.

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Unity	Attraction	Connection	Openness
Participation	Communication	Common Goal	Equality

AUDIO/VISUAL: “Generally,... events put on or connected to AI-Anon service arms are announced at meetings, in our newsletters... and on local websites. These events bring members together to connect through experiences and discussions.”

2022-2025 AI-Anon/Alateen Service Manual (P-24/27), pp.91-92.

Discussion Questions: The following questions have been designed to help *start* the discussion. Feel free to explore your topic as needed.

1. Why is the Audio/Visual component important at our Assemblies? _____

2. How can we ensure that all can be seen and heard? What can I do to ensure?

3. How can we improve service communication in our Area via audio/visuals at the Assembly?



Communication Before and After Assembly & Reports During Assembly



Roles Needed:

Group Three

- A *facilitator* to guide through this exercise.
- A *recorder* to document the group's brainstorming ideas and report back to the Assembly.

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The principles of the Al-Anon program are found in the three Legacies: Twelve Steps, Twelve Traditions and Twelve Concepts of Service.

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Understanding	Clarity	Mutual Respect	Honesty
Listening	Consistency	Common Goal	Balance

Communication/Reports: “As our cofounder Lois W. said, ‘I don't think there is a spiritual part of the program. I think Al-Anon is a spiritual program. Every activity can have a spiritual motive.’” *How Al-Anon Works for Families & Friends of Alcoholics (B-32) p.139.*

Discussion Questions: The following questions have been designed to help *start* the discussion. Feel free to explore your topic as needed.

1. What do we need to be best prepared for Assembly? _____

2. How did the Links of Service aid in Communication before, during and after Assembly?
How can we improve? _____

3. How do I communicate information to my group? _____



Facilities / Electronic vs. In-Person



Roles Needed:

Group Four

- A *facilitator* to guide through this exercise.
- A *recorder* to document the group's brainstorming ideas and report back to the Assembly.

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The principles of the AI-Anon program are found in the three Legacies: Twelve Steps, Twelve Traditions and Twelve Concepts of Service.

The following is a partial list of *spiritual principles* to help with this exercise. Your group may think of others that can be used. Inventory is a spiritual process in which positive comments and constructive criticism is encouraged always remembering to place principles above personalities.

Unity	Willingness	Connection	Commitment
Participation	Self-Care	Openness	Flexibility

Facilities/Electronic vs. In-Person: “Participating in service has clearly demonstrated to me some of the day-to-day reality of recovery in AI-Anon stretching back over the last half century; it has given me a sense that there is lasting hope in the world and that I can make a difference in preserving and imparting a continuing sense of positive achievement.”

When I Got Busy, I Got Better (P-78), p.34.

Discussion Questions: The following questions have been designed to help *start* the discussion. Feel free to explore your topic as needed.

1. How does meeting location affect our ability to fulfill our primary purpose? _____

2. How might I be willing to serve in the additional roles needed to conduct a hybrid Assembly? _____

3. How has time spent at Assembly aided my recovery? _____



(Virtual) Gratitude / Participation



Roles Needed:

Group Five

- A *facilitator* to guide through this exercise.
- A *recorder* to document the group's brainstorming ideas and report back to the Assembly.

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The principles of the Al-Anon program are found in the three Legacies: Twelve Steps, Twelve Traditions and Twelve Concepts of Service.

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Unity	Willingness	Connection	Abundance
Participation	Belonging	Service	Mutual Respect

Gratitude/Participation: “What I found was the joy of giving it away, the same way others so generously gave the gift of service to me - with love, respect and compassion I found all these treasures and more when I thought I was seeking much less.”

Paths to Recovery: Al-Anon’s Steps, Traditions and Concepts (B-24), p.126.

Discussion Questions: The following questions have been designed to help *start* the discussion. Feel free to explore your topic as needed.

1. Why are gratitude and participation important to members involved in service in our area or for Assemblies? _____

2. How can we increase participation at Assemblies? _____

3. How can we best support Al-Anon best practices of demonstrating mutual respect; presuming goodwill; helping members understand the purpose of the Assembly; remembering our higher power is present in the expression of our group conscience?



(Virtual) On Time / Organization



Roles Needed:

Group Six

- A *facilitator* to guide through this exercise.
- A *recorder* to document the group's brainstorming ideas and report back to the Assembly.

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The principles of the Al-Anon program are found in the three Legacies: Twelve Steps, Twelve Traditions and Twelve Concepts of Service.

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Mutual Respect	Attraction	Peace	Accountability
Participation	Order	Common Goal	Fairness

On Time/Organization: “The guarantee of harmonious and effective function of good operational structure is in the relation of its several parts and people, so that none can doubt the nature of their respective responsibilities and corresponding areas of authority.”

2022-2025 Al-Anon/Alateen Service Manual (P-24/27), p.204

Discussion Questions: The following questions have been designed to help start the discussion. Feel free to explore your topic as needed.

1. Why is being on time important to members at the Assembly? _____

2. How can I help keep the Assembly organized and functioning smoothly? _____

3. How can I respect everyone's time at the Assembly and in service? _____



Registration/Hospitality/Literature Room



Roles Needed:

Group Seven

- A *facilitator* to guide through this exercise.
- A *recorder* to document the group's brainstorming ideas and report back to the Assembly.

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The principles of the AI-Anon program are found in the three Legacies: Twelve Steps, Twelve Traditions and Twelve Concepts of Service.

The following is a partial list of *spiritual principles* to help with this exercise. Your group may think of others that can be used. Inventory is a spiritual process in which positive comments and constructive criticism is encouraged always remembering to place principles above personalities.

Unity	Connection	Consideration	Selflessness
Participation	Belonging	Common Goal	Carrying the Message

Registration/Hospitality/Literature Room: “Any good that I can do, or any kindness that I can show to any fellow creature, let me do it now. Let me not defer or neglect it, for I shall not pass this way again.” *Alcoholism, the Family Disease (P-4), p.20*

Discussion Questions: The following questions have been designed to help *start* the discussion. Feel free to explore your topic as needed.

1. How does rotation of service by the Districts at Registration and Hospitality foster Unity?

2. How can we support the Literature Coordinator? _____

3. How does Registration/Hospitality/Literature Room enhance our Assembly experience?



Time For Fellowship



Roles Needed:

Group Eight

- A *facilitator* to guide through this exercise.
- A *recorder* to document the group's brainstorming ideas and report back to the Assembly.

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The principles of the Al-Anon program are found in the three Legacies: Twelve Steps, Twelve Traditions and Twelve Concepts of Service.

The following is a partial list of *spiritual principles* to help with this exercise. Your group may think of others that can be used. Inventory is a spiritual process in which positive comments and constructive criticism is encouraged always remembering to place principles above personalities.

Connection	Belonging	Hope	Inclusion
Encouraging	Acceptance	Common Goal	Understanding

Time for Fellowship: "All members of Al-Anon need to feel welcome and part of the group. Sometimes we have to remind ourselves to focus on recovery and to include each person in the circle..." *Paths to Recovery: Al-Anon's Steps, Traditions and Concepts (B-24) p. 176*

Discussion Questions: The following questions have been designed to help *start* the discussion. Feel free to explore your topic as needed.

1. How can we welcome and give comfort while at the Assembly or while we serve?

2. How can I encourage fellowship in my group or at Assembly? _____

3. What has helped me feel welcome at the Assembly, in service, and in the fellowship?



Voting



Roles Needed:

Group Nine

- A *facilitator* to guide through this exercise.
- A *recorder* to document the group's brainstorming ideas and report back to the Assembly.

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The principles of the Al-Anon program are found in the three Legacies: Twelve Steps, Twelve Traditions and Twelve Concepts of Service.

The following is a partial list of *spiritual principles* to help with this exercise. Your group may think of others that can be used. Inventory is a spiritual process in which positive comments and constructive criticism is encouraged always remembering to place principles above personalities.

Responsibility
Participation

Simplicity
Respect

Unity
Authority

Vision
Common Welfare

Voting: “No organization can function without clear definitions of responsibility and authority to decide policies and procedures and to act on decisions once they are made.

Paths to Recovery: Al-Anon's Steps, Traditions and Concepts (B-24) p. 250

Discussion Questions: The following questions have been designed to help *start* the discussion. Feel free to explore your topic as needed.

1. Are all our decisions reached by discussion, vote and whenever possible by unanimity?

2. How can we support trusted servants in the voting process? _____

3. How can we simplify or improve our process of voting? What can I do to help?



(Virtual) Website



Roles Needed:

Group Ten

- A *facilitator* to guide through this exercise.
- A *recorder* to document the group's brainstorming ideas and report back to the Assembly.

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The principles of the Al-Anon program are found in the three Legacies: Twelve Steps, Twelve Traditions and Twelve Concepts of Service.

The following is a partial list of *spiritual principles* to help with this exercise. Your group may think of others that can be used. Inventory is a spiritual process in which positive comments and constructive criticism is encouraged always remembering to place principles above personalities.

Unity	Attraction	Connection	Vision
Participation	Communication	Common Goal	Carrying the Message

Website: “Generally,... events put on by or connected to Al-Anon service arms are announced at meetings, in our newsletters,... and on local websites. These events bring members together to connect through experiences and discussions.”

2022-2025 Al-Anon/Alateen Service Manual (P-24/27), p.204

Discussion Questions: The following questions have been designed to help *start* the discussion. Feel free to explore your topic as needed.

1. Why is the website important to members involved in service in our Area or for Assemblies?

2. How could the website better serve our members and potential members? _____

3. How can we improve service communication in our Area via the website?



Workshops / Speakers



Roles Needed:

Group Eleven

- A *facilitator* to guide through this exercise.
- A *recorder* to document the group's brainstorming ideas and report back to the Assembly.

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The principles of the Al-Anon program are found in the three Legacies: Twelve Steps, Twelve Traditions and Twelve Concepts of Service.

The following is a partial list of *spiritual principles* to help with this exercise. Your group may think of others that can be used. Inventory is a spiritual process in which positive comments and constructive criticism is encouraged always remembering to place principles above personalities.

Unity	Willingness	Connection	Belonging
Attraction	Inspiring	Carrying the Message	Courage

Workshops/Speakers: *“Carrying this message to others is the best way I know to express my thanks to those who carried this message to me. ...The truest form in which I can express my thanks is to learn to extend the same unselfish attention to others.”*

When I Got Busy, I Got Better (P-78), p.31

Discussion Questions: The following questions have been designed to help *start* the discussion. Feel free to explore your topic as needed.

1. How can Workshops at Assembly strengthen our groups? _____

2. How can I best participate in Workshops at Assembly? _____

3. How do our Sunday morning speakers enhance my recovery? _____
