

2024 Spring Assembly DR Report

Date of meeting: **May 3-5, 2024**

District name and number: **Alexandria District 18**

DR Name & email: **Gail K: gail.kropf@gmail.com**

Submitted on: 2/27/24 & 3/31/24

District 18 in Alexandria has

- 15 Active Groups (newest group not yet on Website...we are working on this!)
- Of the 14 Active Groups:
 - One each of the following groups: Alateen; Parents; Spanish-Speaking; Men & Women only;
 - The other 9 Groups are non-specific; meet on different days of the week & weekends.
 - All 14 Active Groups have a GR or at least a CMA.
 - F2F = 5
 - Hybrid = 6
 - Virtual = 4

Gail K. /DR 18 I try to visit each group at least once during the past 12 months. District Meetings are held every other month, virtually on the first Sunday of Feb, April, June, August, October & December at 3:00 pm

Treasurer (Laura R.) - created an email for our District (alanon.va.district18@gmail.com) and set up a VENMO Account. Funds remain stable to support Alateen, District activities, NVSC, WSO & VA Assembly.

Outreach Coordinator – Currently still Vacant.

Secretary – Susan B. continues to be instrumental in keeping up to date records of our District Meetings and other secretarial duties. If she is not able to attend the meeting I will take notes or ask another member to take notes.

District Successes:

- We have financially supported the NVSC, VA Assembly & WSO
- We are joining 4 other Districts to plan & implement a “Healthy Relationships “on April 13, 2024
- Alateen continued to struggle so the time on Sundays was changed to **7:00 pm** the same time as an Al-Anon Meeting in the same building. No report yet on this time change success. They are sharing the meetings with another District and a new flyer was created.
- Groups continue to have group consciences to decide how to meet...virtual, hybrid or F2F.
- District 18 continues to support the Spanish-Speaking Groups in their efforts to understand Al-Anon and how a Spanish-Speaking Over-Lay District would work.
- A member wrote up a simpler understanding of the VA Area Boundary Policy & Procedures that was distributed to GRs in March in preparation for the Spring Assembly.

Goals:

- District 18 is planning a picnic on JUNE 8th and the committee is in its early stages.
- Participate in the planning of the District wide “Healthy Relationships Workshop”.
- Encourage GR’s/CMA’s to attend Spring Assembly.
- Continue to introduce the new F2F group in Del Ray on Sunday Evenings.

Submitted by: Gail K. DR/18
2/27/24 & 3/19/24