

VA Area District Representative Report

Prepared for: Spring Assembly

Date of Meeting: May 4, 2024

District Name and Number: District 09, Falls Church/Vienna

DR Name and email: Maria Nobile maria00mm@gmail.com

Informational Items: The Ladies Night Out meeting physically moved to the Springfield/Annandale District

Meetings in your District: (total) 10

In-person only: 4

Hybrid: 1

Virtual only: 5

Updates since last meeting:

- Events or projects the District is planning: n/a
- Successes
 - The district organized a very successful Healthy Relationships workshop by partnering with Arlington, Springfield/Annandale, Alexandria and Fairfax districts as well as Spanish groups. The workshop was held on April 13.
 - About 70 members attended.
 - The NVSC provided a literature table.
 - 5 English breakout sessions and 2 Spanish breakout sessions
 - Topics included Effective Communication, The Art of Belonging, Building Trust, Healthy Finances and Boundaries.
 - The district treasurer purchased Sponsorship bookmarks and pamphlets for the groups prior to the Sponsorship workshop on February 4.
- Challenges; 4 groups do not have GRs. Participation at district meetings is still a challenge. Our District treasurer is stepping down.
- Things that are working well
 - GRs are exchanging ideas and suggestions with each other during district meetings.
- Things that need attention: Preparing for transitioning to the next panel.