



## **VA Area District Representative Report**

**District Name and Number: Blue Ridge - 4**

**DR Name and email: Lisa Reedy – lisardr4@yahoo.com**

Informational Items: We have filled all service positions.

Updates since last meeting

Events or projects the District has completed since last meeting –

- We have District Meetings on odd months and Outreach Meetings on even months that are well-attended.
- Our Outreach has divided into two committees, Member Inreach and Public Outreach, which change subcommittee leaders in four month intervals.
- This 4 months, we are distributing flyers to mental health agencies/social services and local private counselors and organizations. We have also attended Health Fairs to hand out information. The district has also participated in several Health and Community Fairs
- We hope to team up with Loudoun District to participate in a Community Fair in May. We also plan to assist Central Valley District with the Hospitality Room during the Convention in August.
- The Inreach Subcommittee will focus tote bags for new GRs, and having a fundraiser to sell them for \$5 each. We will also participate in District Road Trips, visiting groups within the District.

Successes:

- We have a very good Outreach team that works hard to get members involved and educated.
- Enthusiastic members have filled service positions within the District.

- District Meetings have good discussions with very good communication. Everyone feels comfortable exchanging ideas.
- GRs have stepped into service to assist with chairing committees for outreach projects and to step in to assist when challenges arise
- We now having 19 active meetings
- We have been able to complete our goal of coordinating efforts, such as outreach, with close Districts.

#### Challenges

- Not all of our groups have a GR.
- Not all groups participate in District Meetings
- DR visiting all groups in district
- One place has holds several meetings is going to be under construction this summer, so the district has had to come up with alternative places.

Goals: Attempting to have GRs for each meeting.