

VA Area District Representative Report

Prepared for: Spring 2024 VA Assembly

Date of Meeting: May 4 - 5, 2024

District Name and Number: Arlington District - 003

DR Name and email: Sophie L.; arlington@vaalanon.org

Submitted On: April 21, 2024

Informational Items:

Meetings in your District: 7

Face to face: 1

Hybrid: 3

Virtual only: 3

Updates since last meeting:

- Arlington District passed the 2024 budget in December 2023.
- Events or projects the District has completed since last meeting
 - Arlington District, with the Annandale/Springfield, and Falls Church/Vienna Districts hosted the Hug and Cookie workshop
 - Arlington District contributed to the Healthy Relationship workshop in Northern Virginia
- Successes
 - The GRs passed the 2024 budget in December 2024, with budget for one AMIAS conference.
 - The District and a couple of the meetings have done a district/group inventory.
 - Having speakers to answer questions on matters that come up.
 - The District continues to study the Concepts with guest speakers during the district meetings.
- Challenges
 - The AGR and secretary positions are still open.
- Goals

- The DR and most GR plan to rotate at the end of this year and are looking for the next panel of officers.
- Things that are working well
 - Keeping the district meetings within the said timeframe, thanks to meeting agenda.
 - Collaboration amongst the district officers.
 - Collaboration with other districts.
- Things that need attention
 - One group does not have a GR but does have a CMA.
 - One online group is struggling to find volunteers and would like to join another group that has a GR and treasurer.