

## Spring Assembly DR Session (Hybrid)

1. Introductions
2. Virginia Area Chair – Debbie
3. DR 101 – Treasury? Website (Members Section)
4. Recap – Fall Assembly
  - a. Records Coordinator
  - b. Building a Budget for 2023
  - c. Teamwork and Collaboration with other DRs and Districts
  - d. Building Membership through Outreach
  - e. Twelve Traditions
    - a. Bind us together in Unity
    - b. Guide the Groups in their relations with other Groups, with AA and the outside world.
    - c. Recommend Group attitudes toward Leadership, membership, money, property, public relations and anonymity.
5. DR Leads the way
  - a. Follows Steps, Traditions and Concepts. Lives them and discusses them. (Story)
  - b. Encourages Teamwork (make everyone feel included)
  - c. Encourages Participation (all GRs, no dominance including long time members and DR)
  - d. Facilitator
  - e. Encourages GR Ideas
  - f. Listens to the minority opinion
  - g. Encourages Speaker Meetings, Workshops and Fellowship
6. Assembly Business
  - a. Encourage GRs to bring Group Business to Assembly
  - b. Encourage GRs to bring info back to the Group (5 minutes at a time)
  - c. Encourage Motions (Practice in District)
  - d. Demand time from Chair for Assembly members to talk
7. Districts Cultivate Outreach
  - a. Give back to others (think about how AA does it and think about your own story coming in) (Story)
  - b. Have an Outreach Plan
  - c. Have a Newcomers Plan including follow-up
  - d. Boost your membership but be prepared
8. Cultivating In-reach
9. Support AA, Service Center, Area
9. Questions
10. Contact: Duane F., Alternate Area Chair, (757) 769-4254
11. Topics for Wrap Session –
  - a. Meeting Dominance
  - b. How to use a Service Sponsor most effectively
  - c. Encouraging GR attendance at District Meetings
  - d. Closing meetings that do not have members attending
  - e. DR Sharing – Experience, Strength and Hope
12. Topics for next time
  - a. Global Electronics Area (GEA)
  - b. Links of Service
  - c. Virginia Guidelines - Contributions