

# VA Area District Representative Report

**Date of Meeting:** March 4, 2023

**District Name and Number:** Loudoun District 10

**DR Name and email:** Emily McPhie, ebm7554@gmail.com

**Submitted On:** May 4, 2023

## Informational Items:

Meetings in your District: 22

Face to face: 8 (including a new Beginners' Meeting; the start of another new in-person meeting has been postponed from April to September)

Hybrid: 6.5 (one alternates hybrid and virtual)

Virtual only: 6.5 (one alternates hybrid and virtual; one virtual meeting has closed)

Inactive: 1 (but may become in-person soon!)

## Updates since last meeting:

- Events or projects the District has completed since last meeting:
  - A District workshop (From Stumbling Blocks to Stepping Stones) was held Saturday, April 29;
  - Representatives from the Outreach Committee made a presentation to an interfaith clergy group on April 19;
  - The Outreach Committee has ordered a number of Al-Anon pamphlets in both English and Spanish and has been distributing them to a variety of local institutions and organizations.
- Events or projects the District is planning:
  - The District Outreach Committee is planning to have a workshop for health care and public safety professionals, specific date TBD;
  - In conjunction with Districts 8 and 9, District 10 is actively seeking to start an Alateen meeting in the Reston/Vienna/Oakton area.
- Successes:

- The District Outreach Committee is meeting regularly and making contacts in the district.
- A (second) Beginners' Meeting on the eastern side of the district (Reston) began meeting on April 14.
- There has been recent turnover in GRs for a number of groups with seemingly stronger participation in district meetings as a result.
- Challenges: Getting someone to volunteer to become the Chair for the Outreach Committee.
- Goals:
  - We have had interest in activating the currently inactive meeting in Spanish which we will be actively addressing in coming months.
  - We have a need for an Alateen meeting somewhere between the current meetings in Alexandria and Leesburg, and we have several new sponsors in the area, therefore we are actively looking for interested teens.
  - Getting a Chairperson and developing an Outreach budget.
- Things that are working well:
  - Those GRs and group members who are actively participating are being extremely helpful.
  - The Outreach Committee is working on a number of different fronts to let people know about the program.
  - All District positions are filled and our officers are awesome!
- Things that need attention: The District is working on its budget, but this will continue to be a work in progress, as Outreach and perhaps other things continue to develop. The District may need to have more active discussions with the groups to determine how much money should remain with the groups and how much should be donated to the District.