

Group Representative Workshop
April 16, 2023 via WebEx
GR 101: Session Three
RSVP @

GR 101 WebEx Meeting Information

Hosted by 3-VAWSC

April 16, 2023 2:00 pm | 2 hours | Eastern Time

<https://vaalanon.webex.com/vaalanon/j.php?MTID=m1cd02927b6149c522a6ab7dff8a97162>

Meeting number: 2308 023 4186 Password: 057-GR101

[Passwords AND URLs are case sensitive, and you must type the hyphens and special characters.]

~Please **Sign In** to WebEx as **GUEST** and add your District name to your name. ex. Ellie-Norfolk

Ellie Fetterly, VA Area Alternate Delegate, Panel 62 efetterly@cox.net

Virginia Area Website: <https://www.vaalanon.org/>

**All sessions will be recorded (audio only) for those who cannot attend in real time.*

AGENDA

1. Welcome
2. Gratitudes
3. Introductions
4. Reading
5. World Service Conference Structure
6. Questions and Comments
7. GR Duties
8. Useful Resources
9. Questions and Comments
10. Preparing for Spring 2023 Hybrid Assembly
11. Healthy Groups and Group Inventory
12. Questions and Comments

Useful Links:

NEW Al-Anon Service Manual, 2022-2025, Free downloadable version <https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/>

WSO Guidelines: Group Representative, G-11 <https://al-anon.org/pdf/G11.pdf>

Suggested Programs for Meetings, G-13 <https://al-anon.org/pdf/G13.pdf>

Taking a Group Inventory, G-8a <https://al-anon.org/pdf/G8a.pdf>

Taking a Group Inventory, G-8b <https://al-anon.org/pdf/G8b.pdf>

Reserve Fund, G-41 <https://al-anon.org/pdf/G41.pdf>

More Guidelines: <https://al-anon.org/for-members/members-resources/manuals-and-guidelines/guidelines/>

Welcoming Newcomers to Electronic Meetings:

<https://www.vaalanon.org/sites/default/files/2023GR101/Session3/2023.04.16-GR101-WelcomingNewcomersToElectronicMeetings.pdf>

Wildly Successful Groups: <https://www.vaalanon.org/sites/default/files/2023GR101/Session3/2023.04.16-GR101-WildlySuccessfulGroupsWS.pdf>

