

VA Area District Representative Report.

Prepared for: Fall Assembly

Date of Meeting: October 14-15, 2023

District Name and Number: James River So 029

DR Name and email: Sue T drjamesriversodistrict@gmail.com

Submitted On: September 25,2023

Informational Items:

Meetings in your District: 14

Face to face: 11

Hybrid: 2

Virtual only:1

Updates since last meeting:

We are happy to be co-hosting the hospitality room!

Monthly district meetings on Webex with quarterly in person. Attendance is good!

2 NEW in person meetings - Paths to Serenity - Monday morning at 11 and Finding Serenity- Wednesday evening 6:30

In June we had a pot luck social at a county park for district Al-Anon members, family and friends. Tickets were sold and the district purchased bottled water, fried chicken and paper products

We have just hosted our annual Al-Anon Gratitude breakfast on Oct 7. Tickets were sold. AAs cooked. There was an AA speaker and an Al-Anon speaker

After spring assembly several groups have done and/or plan to do a group inventory. We have discussed different ways to approach this at a district meeting.

Our district does not have an Alateen meeting at this time but we made a \$200 donation to MEAC

Our public outreach is becoming more active

Future- a gathering with Richmond North district

-forming a workshop committee and hosting a workshop in March