## Fall Assembly 2023 Rappahannock District 19

Prepared for: Fall Assembly 2023 Date of Meeting: October 14-15, 20223 District Name and Number: Rappahannock District 19 DR Name and email:Amanda Roy abroy927@icloud.com Submitted On: 9/25/2023

## **Informational Items:**

Meetings in your District: (total) 13Alanon 1 Alateen

Face to face: 4 Hybrid: 8 Virtual only: 1 Inactive: 1

## Updates since last meeting:

- Events or projects the District has completed since last meeting. Fall workshop, summer Movie Night
- Events or projects the District is planning. Day of recovery in November geared towards women. Holiday social
- Successes One new meeting just started a church in our community reached out to us for an outreach opportunity
- Challenges location changes and service commitments
- Goals- always to build family recovery
- Things that are working well- district meetings are going well. We are all supporting one another and building strong connections

• Things that need attention- Alateen and we had a GR step down recently. We also need alternates in all positions