

2023 Fall Assembly DR Report

Date of meeting: **August 5, 2023**

District name and number: **Alexandria District 18**

DR Name & email: **Gail K: gail.kropf@gmail.com**

Submitted on: 9/1/23

District 18 in Alexandria has

- 14 Active Groups
- Of the 14 Active Groups:
 - One each of the following groups: Alateen; Parents; Spanish Speaking (moving soon to new Spanish Speaking District); Men's; Women's;
 - The other 9 Groups are non-specific; meet on different days of the week & weekends.
 - All 14 Active Groups have a GR or at least a CMA.
 - F2F = 5 Hybrid = 6 Virtual = 3

Gail K. /DR 18 visits each group at least once during the past 8-12 months. District Meetings are held every other month, virtually.

Treasurer (Laura R.) - recently created an email for our District (alanon.va.district18@gmail.com) and set up a VENMO Account. Funds remain stable to support Alateen, District activities, NVSC, WSO & VA Assembly.

Outreach Coordinator – Currently still Vacant.

Secretary – Susan B. continues to be instrumental in keeping up to date records of our District Meetings and other secretarial duties.

District Successes:

- We have financially supported the NVSC, VA Assembly & WSO
- We had a successful Summer Picnic (~40 attended) at Fort Hunt Park in Alexandria. We had games, lots of great food, heard from the Spanish-Speaking Group about the forming of a Spanish-Speaking Overlay District in Virginia and a short Al-Anon Meeting. A core committee planned the event with everyone present pitching in to set &/clean-up. Great positive feedback!

Challenges:

- Reaching out to Alateens continues to be a struggle. Discussion about leaving info in some schools about Alateen. We are working on a new flyer.
- As the COVID restrictions ease, many groups are holding a “group conscience” to decide how to continue meetings, virtual, hybrid, or F2F to meet the needs of the majority.
- To continue engaging & supporting the Spanish-Speaking Groups in the area to form a Spanish-Speaking Overlay District. They are working hard and following the steps needed to create this new District.
- Finding an Outreach Coordinator for our District

Goals:

- District 18 would like to host another Workshop this winter.
- Encourage GR's/CMA's to attend Fall Assembly

Submitted by: Gail K. DR/18
9/1/23