

VA Area District Representative Report

Prepared for: 2023 Fall Area Assembly

Date of Meeting: October 14-15, 2023

District Name and Number: Nansemond (District 12)

DR Name: Meg Page (megkpage@gmail.com)

Submitted on: September 21, 2023

Informational Items

District Meeting: 3rd Monday of each month via Zoom except for our semi-annual in-person dinner meetings (June and December)

Group Meetings:

Active Meetings: 9 Al-Anon / 1 Alateen

Face to face: 10

Hybrid: 0

Virtual: 0

Successes:

- Restarted our Suffolk Monday Night Alateen group on 9/11/23.
- Four Alateen sponsors are working together to support the meeting.
- Our last Al-Anon meeting without a GR held elections and now has a GR and Alt GR.
- Adopted District Budgets for 2023 and 2024.
- Planning a Self-Care Workshop in conjunction with the Norfolk District on 1/20/24.

Goals:

- Outreach across our district for Al-Anon and Alateen.