

# VA Area District Representative Report

**Prepared for: Fall Assembly 2023**

**Date of Meeting: October 14-15, 2023**

**District Name and Number: District 009, Falls Church/McLean/Vienna**

**DR Name and email: Maria Nobile maria00mm@gmail.com**

## **Informational Items:**

Meetings in your District: (total) 11

In-person only: 4

Hybrid: 2

Virtual only: 5

## **Updates since last meeting:**

- Events or projects the District is planning:

Fall into Recovery with Gratitude: Partnering with Fairfax and Springfield/Annandale districts to have a hybrid Fellowship Event September 29.

- Outreach – provided the CATS treatment program with 100 newcomer packs in English and 35 in Spanish.
- Successes
  - Established a district Zoom account. Training sessions were held and meeting links have been put in place.
  - Debbie P, Area Chair came to July district meeting to share about Concept 4 and a discussion followed.
  - Patty M – Area Alateen Process Person will speak at our October 2023 meeting about serving as an AMIAS and the process.
- Challenges
  - Weekly CATS outreach meetings with Al-Anon are on hold due to changes in hospital procedures.
- Goals – filling District Secretary and District Outreach positions
- Things that are working well
  - GRs are exchanging ideas and suggestions with each other during district meetings.
  - District meetings are well-attended.
- Things that need attention: Encouraging groups with CMAs to fill GR positions.