District Name & Number: Fairfax District 008

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Meeting Status: Seven active meetings:

4 are hybrid

1 is virtually only

2 are still in transition (they might go hybrid)

1 of our Groups is meeting 3 times online and started to meet once a month in-person.

The other 2 are virtual for now and do not know what will happened in the future.

Our meetings that are virtual only or hybrid use either zoom or webex.

Four of our meetings are large and very strong, averaging 8 to 18 people. The other meetings are smaller: 3 to 5 and continue to have newcomers.

The meetings have different formats: some use literature from Al-Anon, and for some the leader chooses the topic. There are some anniversary meetings, and soem are step / tradition formats.

We have 2 meetings that we still have to contact the GR and visit the meeting to confirm.

In our District:

- 1. We are looking for an ADR.
- 2. We do have a Secretary.
- 3. We have a Treasurer.
- 4. Our District meetings are well attended, and we meet once a month, the third Tuesday of the month via Zoom, planning to have an in-person district meeting.

Outreach: Print new Tri-folds, considering adding a QR code for most updated information for the groups.

Things to do or hope to do:

- 1. New Alateen meeting and a Spanish meeting; we do have some new sponsors for Alateen.
- 2. We had our Fall workshop on Friday, September 16, 2023, Presented by VA Area Fairfax District on Conflict Resolution. The Fall Workshop was a success last fall; it was hybrid, and well attended.
- 3. The Cats program has been reinstated in Inova Fairfax. (CATS program is a program for alcoholics and their families so they always welcome and Al-Anon speaker to talk about what is Al-Anon and how does Al-Anon works in our lives.)
- 4. We are hoping to be able to work more with our fellow districts in outreach and socials.