Hello Everyone,

This is a reminder that the GR 101 Session II workshop is this Sunday, September 25th, 2:00-4:00pm. You don't need to have been at the first to attend this one. Please join us @

https://vaalanon.webex.com/vaalanon/j.php?MTID=m1cd02927b6149c522a6ab7dff8a97162

OR

https://signin.webex.com/join Meeting number: 2308 023 4186 Password: 057-GR101

~Please SignIn to WebEx as GUEST and add your District name to your name. ex. Ellie-Norfolk

Useful links from the 1st session are posted on the VA Area website and can be found at https://www.vaalanon.org/GR101.

There is also a new addition of the Service Manual (2022-2025). It is available online at https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/.

Please share this email with anyone I may have missed. All are welcome! See you there! Feel free to send questions to efetterly@cox.net

Feel free to invite anyone interested in service!

Thank you for sharing the message,

Ellie Fetterly, VA Area Alternate Delegate