

Hello Everyone,

Please join us for the first GR 101 coming April 3rd, 2:00-4:00pm. The session is open for new, incoming, and not so new GRs. Any District member is welcome. Any interested Al-Anon member is welcome. Bring Alternate GRs and anyone who may be considering service as a GR in the future.

At this first session we will discuss the upcoming **Spring Hybrid Assembly** as well as GR duties and responsibilities at the Group, District and Area levels. The session will be recorded (audio only) for those unable to join in real time. A list of documents for this first session will be posted on the VA Area website prior to our meeting, and can be found at www.vaaanon.org, under *Members*. Watch the Area website for the posting. The WebEx link will be posted there as well.

Bring your Service Manual, hard copy or virtual copy which can be found at <https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/>.

Please share this email with anyone I may have missed. All are welcome! See you there! Feel free to send questions to efetterly@cox.net

Thank you for sharing the message,

Ellie Fetterly, VA Area Alternate Delegate