District Name and Number: Loudoun, District 10

DR Name and email: Mary Foster, mary57foster@gmail.com

There are a variety of ways that groups are meeting. There are 17 groups that have 23 meetings. Eleven groups meet by Zoom or WebEx only. Five groups are meeting in person only. Two groups are hybrid and meet online and in-person simultaneously. Two groups alternate meeting some weeks online only and the alternating weeks in-person only and two groups are not meeting. There have been changes in format as groups find what works best for them. There are many newcomers who contact the District each week looking for meetings.

There will be an online fall workshop on Sat., Oct. 30 from noon- 2 pm with speakers on three topics: Communicating with Your Qualifier, Healthy Self-Care, and The 12 Traditions: Why are they important? who will share their experience, strength, and hope and then lead two sets of breakout rooms on their topics.

The District will be sponsoring the Northern Virginia AMAIS workshop on Sat., Nov. 13. Several districts in the area are interested in participating.

At the last District meeting Emily M. stepped up to take over being District Representative at the beginning of 2022.