

Hello, Everyone,

This coming **Sunday afternoon, Dec. 12, 2021, from 2:00 to 4:00 pm**, please join us for the **third** of three sessions of the **New DR Orientation, the DR 101**, as discussed at the Fall Assembly recently.

The session is open for new, incoming, and not so new District Representatives (DRs). Any District member is welcome. Any interested Al-Anon member is welcome. Bring your District officers or anyone who may be considering service as a DR in the future. GRs are welcome too.

At this third session we will discuss how to prepare GRs for their first Assembly. We will look at the role of the DR at the Virginia Area World Service (VAWSC) Meetings and at the VA Area Assemblies.

There will be a presentation from our incoming Delegate, Stacy L., who has served as our Alateen Coordinator and is currently serving as our Area Alateen Process Person (AAPP). She will help DRs understand the importance of their role in the District's Alateen meetings and with the members who serve as Alateen Sponsors (AMIAS).

We will have a panel of past DRs for a Question and Answer session as well.

The session will be recorded (audio only) for those unable to join in real time. A list of documents for this third session is posted on the VA Area website, [www.vaaanon.org](http://www.vaaanon.org), under Resources. Watch the Area website for the posting. The WebEx link will be posted there as well.

Bring your Service Manual, hard copy or virtual copy!

Please share this email with anyone I may have missed. All are welcome!

See you there!

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