

Group Representatives Opening Session Agenda

“Recovery through Service”

Saturday, May 6, 2017

Facilitator: Terry Woodside, Alternate Delegate, twoodside1@verizon.net

I. Review of Fall 2017 Opening Session

1. Welcome New and Returning Group Representatives
2. See the Area Website (www.vaaanon.org) for what we covered in our first 2 Opening Sessions: GR Guide to Assembly; the agendas for previous GR Opening Sessions, and the WSO Guideline sheet “Group Representatives,” G-11.
3. See also your Service Manual: pages 47 - 48 for GR duties, and pages 155 – 157 for GR duties as Assembly members.
4. Business Meetings and Group Conscience, SM pages 51 – 53.
 - Round Table Discussion: Last time your assignment was to connect to 2 GRs from districts other than your own and discuss your group’s experience and practice of Group Business meetings and Group Consciences. Discuss with members around your table.
 - Share with the room the highlights of your discussions.

II. Breathing and Stretching Moment: Bonnie N.

III. Group Inventory

1. Understanding the purpose, Service Manual, page 53.
2. WSO Guideline: Taking a Group Inventory, G-8a.
3. WSO Guideline: Taking a Group Inventory, Methods and Reflections, G-8b.
4. An additional Method, Alateen’s *Courage to Be Me*, (B-23), ‘Workshop on Meeting Format.’

5. Discussion:

- how to convince your group to take a Group Inventory

- how will my group manage a group inventory.

Written Assignment: Get contact information from 2 of your fellow GRs from districts other than your own.

1. _____

2. _____

Set a time to connect at least twice between now and the Fall 2017 Assembly to discuss your group's experience and practice of Group Inventory.

Next time: For the Spring 2017 Assembly, we will be looking at 'Group Problems and Solutions.' Please read pages 54 – 55 in your Service Manual on this topic. You may also want to look at CAL on Conflict Resolution for ideas.

Tonight 8:15 to 9:15 – GR Chat Room: Panel Discussion and the Ask It Basket. You can write down any question you may have about your GR position, what we discussed this morning, the Assembly, your group, the voting issues, or any other matter that comes up today. Our panel will address your question. See you then!